



## She Is Us: The WFF Bulletin

Vol. 1 | July 2025

Welcome to *She Is Us*, The WFF Bulletin.

Each month, we'll bring you a curated round-up of the latest from us and our partners – including new blog posts & Director's Notes, advocacy opportunities, media alerts, and most importantly, powerful stories from the women we serve and the dedicated program partners who support them.

Whether you're a long-time supporter or just getting to know our mission, this bulletin is your window into WFF's work in the global movement to restore health, dignity, and opportunity for women facing devastating childbirth injuries.

*Happy scrolling!*



### Global Voices for Maternal Health

Summer 2025 Highlights from WFF Leaders

This summer, two of our leaders—Dr. Holly E. Richter, Secretary of the WFF Board of Directors, and Dr. Itengre Ouedraogo, Founder & CEO of ARENA in Burkina Faso—took the global stage to spotlight critical issues in maternal health, particularly around obstetric fistula prevention, treatment, and recovery. Their contributions reflect our leadership's deep commitment to advancing high-quality care for women worldwide and ensuring that no woman is left behind.

Click to read more about their presentations in Barcelona at the IUGA/EUGA joint meeting, and the RCOG World Congress in London.

[Read the Full Blog](#)

### WFF is a proud signer of the FIUGA Global Call to Action.

We encourage our supporters to sign onto the FIUGA Statement that emphasizes the importance of policies and programs that strengthen the maternal healthcare systems for women everywhere.

[Read & Sign the Statement](#)



### Welcome New Board Members!

This month, WFF welcomed two new members to the Board of Directors, Dr. Amечи J. Akosa, MSD, EdS, EdD, of Seattle, and Mrs. Kim C. Speegle, CFA of Bedford Hills, NY.

Dr. Akosa is a seasoned social worker with over 20 years of experience in healthcare, education, and mental health. Mrs. Speegle brings a powerful combination of financial expertise and nonprofit leadership to the team. You can read more about their background by clicking on the button below.

[Leadership Profiles](#)

*Don't forget to make your voice heard!*

[Click Here to Take our Engagement Survey](#)

### New Chair & Executive Committee Members Announced

The newly elected Executive Committee is a diverse group of women in healthcare with global development expertise. The newly elected leaders join Dr. Holly E. Richter, Secretary, and Julianna D'Angelo, CFA, Treasurer.

- **Theresa Spitznagle, PT, DPT, MHW, WCS, of Manchester, MO, was elected Chair.** Tracy is a Professor in Physical Therapy and Coordinator of the Post-doctoral Physical Therapy Residency in Women's Health at Washington University.
- **Christina Machaby Lee, PT, DPT, of Orleans, MA was elected Vice Chair, Clinical.** Christina runs her own private physical therapy practice in Cape Cod, focused on pelvic health and orthopedics.
- **Misti McDonald, MPA, of Seattle, WA, was elected Vice Chair.** Misti is a global health expert, currently with the University of Washington, with over 20 years' experience leading global health programs and projects spanning a range of topics.

[Leadership Profiles](#)

**You made it to the end of our July update!**

Here are some recent photos from our program partners:



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